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## **International Compost Awareness Week**

#CompostOnMiMind

Emmet County Recycling (ECR) celebrates International Compost Awareness Week (ICAW) May 5-11, 2024 with education and tours. The Governor's office has also signed the proclamation to formally recognize ICAW in the State of Michigan. This year's theme: COMPOST...Nature's Climate Champion. Composting fights climate change by reducing greenhouse gas emissions from landfills, stores carbon and conserves water. It enriches soil, promotes healthy plant growth, and reduces erosion. It's nature's way of nourishing soil, crops, and communities.

You can make a positive impact on our planet and become educated on the topic: join a tour, host/attend a compost workshop and start removing food scraps from your waste stream.

Give All Food a Future (GAFAF) is an Emmet County Recycling program established in 2015 to collect food scraps from businesses and community host sites. 2023 numbers totaled 660,878 pounds of food and floral scraps diverted from landfill, amassing over 4 million pounds in the last eight years. This is the equivalent of removing annual emissions from 280 passenger vehicles, conserving 148,619 gallons of gasoline or conserving 55,032 cylinders of propane for home barbeques. Our community GAFAF carts saw an increase this year of 63% at the City Park Grill community collection and 45% for the Petoskey Farmers Market. Additional locations include the Pleasantview Drop Off Center and Harbor Springs Farmers Market.

The next step in closing-the-loop on food waste is with the use of our locally generated, independently tested and screened compost. ECR compost has no limitations to its use – use for raised garden beds, hoop houses, container gardening, landscaping in and around buildings, planting trees, bushes and re-seeding of lawns. It is far better at growing and sustaining plant life than topsoil and reduces the needs for chemical fertilizers.

ECR compost can be purchased at the Pleasantview Drop Off Center in Harbor Springs by the bag or by the load; the right quantity for any sized project.

Even better than composting your food scraps is minimizing your food waste. Tips for reducing food waste include:

- Checking your fridge before shopping.
- Storing milk on lower, cooler fridge shelves.
- Opting for a smaller shopping basket.

- Adjusting fridge humidity for fruits and veggies.
- Planning meals for leftovers.
- Designating an "eat first" fridge section.
- Ignoring expiration dates; food is often still good if it looks and smells okay.
- Using ripe fruit for smoothies.
- More tips at emmetrecycling.org.

In essence, composting is nature's climate champion, fostering healthier ecosystems, communities, and food systems. Join us in embracing composting as a crucial tool in combating climate change and building a sustainable future. Call Emmet County Recycling to discover the joys of backyard composting or get a tour on Monday, May 6 or Thursday, May 9! Register at emmetrecycling.org.

Thank you to the 2023 food scrap collection participating businesses: